

## **Safeguarding Policy and Procedure**

At Central Support we understand that it is crucial to recognise the signs of abuse and take action to prevent and address it. Reporting suspicions of abuse and protecting the rights and safety of vulnerable individuals. We believe everyone has the right to live free from abuse and to be treated with respect, dignity, and kindness.

### **1. Purpose**

**1.1** To protect the Service User's right to live in safety, free from abuse and neglect.

**1.2** To ensure that the Safeguarding Policy and Procedure is understood by all staff at Central Support Ltd and that the safeguarding procedures dovetail with the service's policy and procedure.

**1.3** To set out the key arrangements and systems that Central Support Ltd has in place for safeguarding and promoting the welfare of adults at risk and to ensure compliance with local policies and procedures.

**1.5** To have a clear, well-publicised policy of zero-tolerance of abuse within Central Support Ltd

**1.5** To support Central Support Ltd in meeting the Key lines of enquiry of ensuring effective care, consent compliance and maintaining safe environments.

**1.6** To meet the legal requirements of the regulated activities that Central Support Ltd is registered to provide:

- Domestic Violence, Crime and Victims Act 2004
- The Counter Terrorism and Security Act 2015
- The Modern Slavery Act 2015
- Anti-social Behaviour, Crime and Policing Act 2014
- The Criminal Justice and Courts Act 2015 Section 20-25
- Public Interest Disclosure Act 1998
- Protection of Freedoms Act 2012 (Disclosure and Barring Service Transfer of Functions) Order 2012
- The Care Act 2014
- Care Quality Commission (Registration) Regulations 2009
- Equality Act 2010
- Human Rights Act 1998
- Mental Capacity Act 2005
- Safeguarding Vulnerable Groups Act 2006
- The Health and Social Care Act 2008 (Regulated Activities) (Amendment) Regulations 2012

### **2. Scope**

**2.1** The following roles may be affected by this policy:

- All staff

**2.2** The following service users may be affected by this policy:

- Service Users

**2.3** The following stakeholders may be affected by this policy:

- Family

- Advocates
- Representatives
- Commissioners
- External health professionals
- Local Authority
- NHS

### **3. Objectives**

**3.1** To ensure that all staff working for, or on behalf of Central Support Ltd, understand their responsibilities in relation to safeguarding adults at risk and know who to escalate concerns to within Central Support Ltd.

**3.2** To manage the safety and wellbeing of adults in line with the six principles of safeguarding.

**3.3** To identify lessons to be learned from cases where adults have experienced abuse or neglect.

**3.4** Central Support Ltd aims to support and empower each adult to make choices, to have control over how they want to live their own lives and to prevent abuse and neglect occurring in the future which is a key underpinning principle of Making Safeguarding Personal (MSP). Central Support Ltd intends to take this approach with all safeguarding concerns.

#### **What Constitutes Abuse**

Abuse refers to any intentional, harmful, or neglectful act or failure to act that results in harm or distress to another person. It can occur in various settings, including but not limited to homes, institutions, workplaces, and relationships. Abuse can take many forms, each of which is a serious violation of an individual's rights, dignity, and well-being. The following are common categories of abuse:

##### Physical Abuse:

- Inflicting physical harm, such as hitting, slapping, punching, kicking, or restraining.
- Using objects or weapons to cause injury.
- Withholding essential physical care, such as food, water, or medication.

##### Emotional or Psychological Abuse:

- Verbal abuse, including insults, threats, humiliation, or intimidation.
- Manipulative behaviour, such as gaslighting or coercive control.
- Isolation from friends and family.
- Constant criticism or belittling.

##### Sexual Abuse:

- Any non-consensual sexual activity or contact.
- Sexual exploitation or harassment.

- Forcing someone to engage in sexual acts against their will.

Financial or Material Abuse:

- Misappropriation or theft of a person's money or property.
- Coercing or pressuring someone to give away assets or change their will.
- Financial exploitation or scams targeting vulnerable individuals.

Neglect:

- Failure to provide essential care, such as food, shelter, clothing, or medical attention.
- Ignoring or not addressing a person's physical or emotional needs.
- Abandonment, where a responsible party leaves an individual without necessary care or support.

Discrimination:

- Treating an individual unfairly or differently based on their age, gender, race, religion, disability, or other characteristics.
- Denying access to services, opportunities, or rights due to prejudice.

Institutional or Organisational Abuse:

- Systemic mistreatment within institutions, such as nursing homes, hospitals, or prisons.
- Failing to protect individuals from harm within organisational settings.
- Ignoring or covering up incidents of abuse by staff or members.

Online or Cyberbullying:

- Harassment or intimidation through digital platforms, including social media, email, or text messages.
- Posting offensive or harmful content online with the intent to harm or humiliate.

Self-Neglect:

- When an individual neglects their own basic needs, putting their health and well-being at risk.
- Often associated with physical or mental health issues, substance abuse, or social isolation.

Medication Misuse:

- Administering medications improperly or without consent.
- Overmedicating service users or using medications for staff convenience rather than service user's welfare.

Domestic Violence:

- Abuse occurring within a domestic or intimate relationship.
- Includes physical, emotional, sexual, or financial abuse perpetrated by a partner or spouse.

Restraint Abuse:

- Inappropriate and excessive use of physical restraints or sedation.
- Failure to follow proper procedures for restraint use, potentially causing harm or injury.

Violation of Privacy:

- Invading service user's privacy, such as entering their rooms without consent or inappropriately disclosing personal information.

Environmental Neglect:

- Failing to maintain a safe, clean, and comfortable living environment.
- Disregarding health and safety standards within the home.

## **4. Policy**

**4.1** Everybody has the right to live a life that is free from harm and abuse. Central Support Ltd recognises that safeguarding adults at risk of abuse or neglect is everybody's business. Central Support Ltd aims to ensure that all adults at risk of abuse or neglect are enabled to live and work, be cared for and supported in an environment free from abuse, harassment, violence or aggression. Central Support Ltd's safeguarding policies and procedures align with the multi-agency policies and procedures, which take precedence over our own. We ensure that our policies reflect these standards and are communicated to all staff, residents, visitors, volunteers, and other stakeholders.

Family, friends, and service users receive a welcome pack/ service user guide, which informs them that all policies, including the safeguarding policy, are available on our website at [www.centralsupportuk.com](http://www.centralsupportuk.com). Other stakeholders are also directed to the website, where these policies are accessible to everyone.

Staff members are informed of all policies through our HR Bright software, which they join upon employment. They are required to read and acknowledge receipt of all policies, including the safeguarding policy, via this platform.

**4.2** We aim to provide services that will be appropriate to the adult at risk and not discriminate because of disability, age, gender, sexual orientation, race, religion, culture, or lifestyle. We will make every effort to enable Service Users to express their wishes and make their own decisions to the best of their ability, recognising that such self-determination may well involve risk.

**4.3** Central Support Ltd will follow the **six principles** as set out in guidance to the Care Act 2014 and this will inform practice with all Service Users:

- Empowerment – People being supported and encouraged to make their own decisions and informed consent
- Prevention – It is better to take action before harm occurs
- Proportionality – The least intrusive response appropriate to the risk presented

- Protection – Support and representation for those in greatest need
- Partnership – Local solutions through services working with their communities. Communities have a part to play in preventing, detecting and reporting neglect and abuse
- Accountability – Accountability and transparency in delivering safeguarding

**4.4** Central Support Ltd understands the importance of working collaboratively to ensure that:

- The needs and interests of adults at risk are always respected and upheld
- The human rights of adults at risk are respected and upheld
- A proportionate, timely, professional and ethical response is made to any adult at risk who may be experiencing abuse
- All decisions and actions are taken in line with the Mental Capacity Act 2005
- Each adult at risk maintains:
  - Choice and control
  - Safety
  - Health
  - Quality of life
  - Dignity and respect

**4.5** Our robust governance processes will make sure that staff working for and on behalf of Central Support Ltd recognise and respond to the main forms of abuse which are set out in the Care Act 2014 Statutory Guidance Chapter 14, which is not an exhaustive list but an illustration as to the sort of behaviour that could give rise to a safeguarding concern:

- Physical abuse
- Domestic violence
- Sexual abuse
- Psychological abuse
- Financial or material abuse
- Modern slavery
- Discriminatory abuse
- Organisational abuse
- Neglect and acts of omission
- Self-neglect

**4.6** Central Support Ltd is committed to the principles of 'Making Safeguarding Personal' and aims to ensure that safeguarding is person-led and focused on the outcomes that Service Users want to achieve. We will engage Service Users in a conversation about how best to respond to their safeguarding situation in a timely way that enhances involvement, choice and control as well as improving quality of life, wellbeing and safety.

**4.7** Registered Manager's Responsibilities:

- To establish the facts about the circumstances giving rise for concern
- To identify sources and level of risk

- To ensure that information is recorded and that the Adult Safeguarding Team is contacted to inform them of the concern or harm
- If a Service User is at immediate risk of harm, the Registered Manager will contact the Police. The CQC will also be informed.
- In all cases of alleged harm, there will be early consultation with the Police to determine whether or not a joint investigation is required. We understand that it may also be necessary to advise the relevant Power of Attorney if there is one appointed. In dealing with incidents of potential harm, people have rights which must be respected, and which may need to be balanced against each other
- The wishes of the person harmed will be taken into account whenever possible. This may result in no legal action
- Documentation of any incidents of harm in the Service User's file and using body maps to record any injuries
- Follow policy guidelines where applicable
- Report any incidents of abuse to the relevant parties
- Work with multi-agencies
- Advise and support staff
- Ensure staff are trained to enhance knowledge
- Actively promote the "Whistleblowing" policies

#### **4.8 The Support Worker's Responsibilities:**

- To be able to recognise and report incidences of harm
- To report concerns of harm or poor practice that may lead to harm
- To remain up to date with training
- To follow the policy and procedures
- To know how and when to use the Whistleblowing procedures
- To understand the Mental Capacity Act and how to apply it in practice

#### **4.9 General Principles**

- We will have robust recruiting and safer staffing policies in place to make sure that our staff are fit to work with adults at risk and are compliant with national, safe recruitment and employment practices, including the requirements of the Disclosure and Barring Service
- A named safeguarding lead will be in place who is responsible for embedding safeguarding practices and improving practice in line with national and local developments. (At Central Support Ltd, this person is **Reashma Begum**) The designated safeguarding lead at Central Support Ltd has completed relevant safeguarding training and possess a minimum of 5 years of experience in safeguarding roles. They demonstrate strong leadership, communication, and risk management skills, with the ability to implement safeguarding procedures across multi-disciplinary teams. Additionally, they have experience working with external agencies, managing complex safeguarding cases, and ensuring safeguarding policies are clearly communicated and accessible to all stakeholders, including staff, residents, visitors, and volunteers.

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- Any staff member who knows or believes that harm is occurring will report it to their line manager as quickly as possible, or if they feel they cannot follow the regular reporting procedure, they must use the Whistleblowing process
- Central Support Ltd will work collaboratively with other agencies, including liaison in relation to the investigation of allegations and will ensure its procedures dovetail with the multi-agency procedures
- Central Support Ltd will use incident reporting, root cause analysis, lessons learned and auditing to determine themes to improve care practice
- We will have a learning and development strategy which specifically addresses adult safeguarding. We will provide training on the identification and reporting of harm, as well as training on the required standards in relation to procedures and processes should something need to be reported
- Central Support Ltd recognises its responsibilities in relation to confidentiality and will share information appropriately
- We will have zero tolerance to harm
- We will work in partnership with other agencies to ensure that concerns or allegations of abuse are appropriately referred for investigation to the most appropriate agency
- We will ensure that any action that is taken is assessed, proportionate and reflective of the risk presented to the people who use the services
- We will report any incidents in line with our regulatory requirements
- Central Support Ltd will adhere to the Code of Conduct for Support Workers
- There is a clear, well-publicised Whistleblowing Policy and Procedure in place that staff are made aware of

#### **4.10 Prevention - Providing information to support Service Users**

- Central Support Ltd will support Service Users by providing accessible, easy to understand information on what abuse is and what signs to look out for. This will include Service Users' rights and how to get help and support if they need it through the Care Plan process. We will comply with the Accessible Information Standards
- All Service Users will receive a copy of the Service User Guide, have access to the Complaints, Suggestions and Compliments Policy and Procedure and be given information on how to escalate any concerns to the Commissioner, CQC, advocacy or Local Government and Social Care Ombudsman should they not be satisfied with the approach taken by Central Support Ltd

#### **4.11 Prevention - Raising awareness**

- Staff will need to be trained and understand the different patterns and behaviours of abuse as detailed in the Care Act Chapter 14 and Central Support Ltd will ensure that it is able to respond appropriately
- Central Support Ltd will ensure that all staff are trained on the Whistleblowing Policy and Procedure

- During induction training, all employees will complete the “Understanding Abuse” workbook, as part of their Induction

## **5 Procedure**

### **5.1 Responding to Disclosure, Suspicion or Witnessing of Abuse**

Where an adult at risk discloses or discusses potential abuse or harm, the staff member must be able to:

- Recognise: Identify that the adult at risk may be describing abuse, even when they may not be explicit
- Respond: Stay calm, listen and show empathy
- Reassure them that it will be taken seriously and explain that there is a duty to report the issues internally and what may happen next
- Record: Write up notes of the conversation clearly and factually as soon as possible
- Report in a timely manner to the appropriate people and organisations

### **5.2 Responding to a Disclosure**

Remember you are not investigating. Do:

- Stay calm and try not to show shock
- Listen very carefully
- Be sympathetic
- Be aware of the possibility that medical evidence might be needed

Tell the person that:

- They did a good/the right thing in telling you
- You are treating the information seriously
- It was not their fault

Explain that you must tell your line manager and, with their consent, your manager will contact the Safeguarding Adults Team and/or the Police. must be informed.

Central Support Ltd will, in specific circumstances, need to contact the Adult Safeguarding Team without their consent but their wishes will be made clear throughout.

If a referral is made but the adult at risk is reluctant to continue with an investigation, record this and bring this to the attention of the Safeguarding Adults Team. This will enable a discussion on how best to support and protect the adult at risk. However, a professional case discussion will still need to take place and must be recorded appropriately.

### **5.3 Responding to Abuse or Neglect – What to do**

Central Support Ltd must ensure that staff:

- Address any immediate safety and protection needs
- Assess any risks and take steps to ensure that the adult is in no immediate danger



- Where appropriate, call 999 for the emergency services if there is a medical emergency, other danger to life or risk of imminent injury, or if a crime is in progress. Where a crime is suspected of being committed, leave things as they are wherever possible
- Call for medical assistance from the GP or other primary healthcare service if there is a concern about the adult's need for medical assistance or advice. Support Workers can call the NHS 111 service for medical help or advice when the situation is not life-threatening or is out of hours
- The adult may feel frightened, so the Support Worker must ask whether they want the Support Worker to arrange for someone they feel comfortable with to stay with them
- Central Support Ltd will consider if there are other adults or children with care and support needs who are at risk of harm and take appropriate steps to protect them
- The Support Worker will support and encourage the adult to contact the Police if a crime has been or may have been committed
- The Support Worker will contact their line manager/ Safeguarding Lead as soon as possible to inform them of the incident or concern
- will be informed and contacted on as soon as possible

#### **5.4 Decision-Making Pre-referral to the Adult Safeguarding Team**

The Safeguarding Lead will usually lead on decision-making. Where such support is unavailable, consultation with another more senior member of staff will take place.

Staff must also take action without the immediate authority of a line manager:

- If discussion with the manager would involve delay in an apparently high-risk situation
- If the person has raised concerns with their manager and they have not taken appropriate action (whistleblowing)

Central Support Ltd will ensure that staff are aware of the reporting procedures and timescales for raising adult safeguarding concerns.

#### **5.5 Referral to the Adult Safeguarding Team**

Central Support Ltd must ensure that the Safeguarding Adult referral process is followed and must collect the following information to assist with the referral. The referral process must be clearly visible with contact numbers, including out-of-hours, where staff can access the information.

The referral information will also be required for some of the CQC notification of abuse documentation.

Central Support Ltd must use any up-to-date Care Plan information where possible and have the following information available where possible:

- Demographic and contact details for the adult at risk, the person who raised the concern and for any other relevant individual, specifically Support Workers and next of kin
- Basic facts, focussing on whether or not the person has care and support needs including communication and ongoing health needs
- Factual details of what the concern is about; what, when, who, where?
- Immediate risks and action taken to address risk
- Preferred method of communication
- If reported as a crime, details of which police station/officer, crime reference number, etc.

- Whether the adult at risk has any cognitive impairment which may impede their ability to protect themselves
- Any information on the person alleged to have caused harm
- Wishes and views of the adult at risk, in particular consent
- Advocacy involvement (includes family/friends)
- Information from other relevant organisations, for example, the CQC
- Any recent history (if known) about previous concerns of a similar nature or concerns raised about the same person, or someone within the same household
- Names of any staff involved

### **5.6 Documenting a Disclosure**

Central Support Ltd must ensure that staff:

- Make a note of what the person actually said, using his or her own words and phrases
- Describe the circumstance in which the disclosure came about
- Note the setting and anyone else who was there at the time
- When there are cuts, bruises or other marks on the skin, use a body map to indicate their location, noting the colour of any bruising
- Make sure the information the Support Worker writes is factual
- Use a pen with black ink so that the report can be photocopied
- Try to keep your writing clear
- Sign and date the report, noting the time and location
- Be aware that the report may be needed later as part of a legal action or disciplinary procedure

### **5.7 Informing the Relevant Inspectorate**

- By law, Central Support Ltd must notify the Care Quality Commission without delay of incidents of abuse and allegations of abuse, as well as any incident which is reported to, or investigated by, the Police
- Central Support Ltd must notify the CQC about abuse or alleged abuse involving a person(s) using the service, whether the person(s) is/are the victim(s), the abuser(s), or both
- Central Support Ltd must also alert the relevant local safeguarding authority when notification is made to the CQC about abuse or alleged abuse
- The forms are available on the CQC website
- If a concern is received via the whistleblowing procedure, Central Support Ltd must inform the Safeguarding Team and the CQC

### **5.8 Strategy Meeting / Case Conference**

- Following the investigation or at any time during the process, a case conference with all relevant agencies may be called to make decisions about future action to address the needs of the individual

- Any agency involved in the case may ask for a case conference to be held but the final decision to hold a conference is with the Safeguarding Adults Team Manager
- Central Support Ltd must ensure that it attends this meeting when invited and that all relevant information about the incident is available. A timeline of events is a useful document to prepare in complex cases.

#### **5.9 Involve the Service User Concerned Throughout the Process**

- The process of the enquiry must be explained to the Service User in a way they will understand and their consent to proceed with the enquiry obtained, if possible
- Arrangements will be made to have a relative, friend or independent advocate present if the Service User so desires. The relative, friend or independent advocate must not be a person suspected of being in any way involved or implicated in the abuse
- A review of the Service User's Care Plan must be undertaken to ensure individualised support following the incident
- The Service User will be supported by the service to take part in the safeguarding process to the extent to which they wish, or are able to, having regard for their decisions and opinions. They must be kept informed of progress.

#### **5.10 Desired Outcomes Identified by the Adult**

The desired outcome by the adult at risk must be clarified and confirmed at the end of the conversation(s), to:

- Ensure that the outcome is achievable
- Manage any expectations that the adult at risk may have
- Give focus to the enquiry
- Staff will support adults at risk to think in terms of realistic outcomes but must not restrict or unduly influence the outcome that the adult would like. Outcomes must make a difference to risk and, at the same time, satisfy the person's desire for justice and enhance their wellbeing
- The adult's views, wishes and desired outcomes may change throughout the course of the enquiry process
- There must be an ongoing dialogue and conversation with the adult to ensure that their views and wishes are gained as the process continues and enquiries re-planned if the adult change their views
- The Service User will be informed of the outcome of any investigation, but guidance will be sought from the Adult Safeguarding Team before any outcome is shared

#### **5.11 Disclosure and Barring Service (DBS) Referral**

There is a statutory requirement for providers of support to refer workers to the DBS for inclusion on the DBS Vetting and Barring scheme list if they consider that the person is guilty of misconduct such that a vulnerable adult was harmed or placed at risk of harm. This requirement covers both existing employees

and those who leave their employment, and whose conduct comes to light at a later date. Please see the DBS/Disclosure Policy and Procedure for further procedures regarding initial employment and referral.

#### **5.12 Consent**

When reporting information that directly concerns the safety of an adult at risk of harm, consent from the Service User is not required. However, informing the Service User of your concerns and your referral is good practice unless it would put you or your colleagues at risk or it would put the adult at further risk. When reporting to a local authority allegations or concerns about an adult at risk of harm, the Local Authority must be informed whether the Service User is aware of the report. In reporting all suspected or confirmed cases of harm, an employee has a responsibility to act in the best interest of the Service User but still operate within the relevant legislation and the parameters of the codes and standards of their practice.

#### **5.13 Confidentiality and Information Sharing**

In seeking to share information for the purposes of protecting adults at risk, Central Support Ltd is committed to the following principles:

- Personal information will be shared in a manner that is compliant with the statutory responsibilities of Central Support Ltd
- Adults at risk will be fully informed about information that is recorded about them and as a general rule, be asked for their permission before information about them is shared with colleagues or another agency. However, there may be justifications to override this principle if the adult or others are at risk
- Staff will receive appropriate training on Service User confidentiality and secure data sharing
- The principles of confidentiality designed to protect the management interests of Central Support Ltd must never be allowed to conflict with those designed to promote the interests of the adult at risk
- Staff will follow the policy on Data Protection and Confidentiality and comply with the Caldicott principles

#### **5.14 Pressure Ulcers**

Pressure ulcers are costly in terms of both Service User suffering and the use of resources. If the pressure ulcer is believed to have been caused by neglect, it must be reported as an adult safeguarding concern whether the pressure ulcer was acquired in a hospital, care setting or the Service User's own home. Central Support Ltd must ensure that staff read and follow Safeguarding Adults Protocol Pressure Ulcers and the interface with a Safeguarding Enquiry, seeking advice and further guidance where required. Where Service Users are new to the service, any pressure ulcers must be documented on a body map and reported in line with safeguarding procedures. Treatment must also be sought from the GP.

#### **5.15 Medication Errors**

Central Support Ltd must follow local safeguarding reporting procedures for medication errors and ensure that notifications are made to the CQC in line with statutory requirements. Central Support Ltd will have an open and transparent approach to medication incidents and ensure that staff follow the

Medication Errors and Near Misses Policy and Procedure at Central Support Ltd and understand their Duty of Candour responsibilities.

#### **5.16 Abuse of Trust**

- A relationship of trust is one in which one person is in a position of power or influence over the other person because of their work or the nature of their activity
- Where the person who is alleged to have caused the abuse or neglect has a relationship of trust with the adult at risk because they are; a member of staff, a paid employee, a paid carer, a volunteer or a manager, Central Support Ltd must invoke disciplinary procedures for employed staff as well as taking action in line with this policy
- Central Support Ltd must ensure that a referral is made to the Disclosure and Barring Service if an employee is found to have caused harm to an individual
- If the person who is alleged to have caused the harm is a member of a recognised professional group, Central Support Ltd must act under the relevant code of conduct for the profession as well as taking action under this policy
- Where the person alleged to have caused the harm or neglect is a volunteer or a member of a community group, Central Support Ltd must work with adult social services to support any action under this policy
- Where the person alleged to have caused the harm is a neighbour, a member of the public, a stranger or a person who deliberately targets vulnerable people, in many cases the policy and procedures will be used to ensure that the adult at risk receives the services and support that they may need
- In all cases, issues of consent, confidentiality and information sharing must be considered

#### **5.17 Allegations Against People who are Relatives or Friends**

There is a clear difference between unintentional harm caused inadvertently by a relative or friend and a deliberate act of either harm or omission, in which case the same principles and responsibilities for reporting to the police apply. In cases where unintentional harm has occurred, this may be due to lack of knowledge or due to the fact that the relative's own physical or mental needs make them unable to care adequately for the adult at risk. The relative may also be an adult at risk. In this situation, the aim is to protect the adult from harm, work to support the relative to provide support and to help make changes in their behaviour in order to decrease the risk of further harm to the person they are caring for. A carer's assessment will take into account a number of factors and a referral will be made as part of the safeguarding process.

#### **5.18 Whistleblowing**

Whistleblowing is an important aspect of the support and protection of adults at risk of harm where staff are encouraged to share genuine concerns about a colleague's behaviour. Their behaviour may not be related to an adult at risk, but they may not be following the code of conduct or could be pushing boundaries beyond normal limits or displaying conduct which is a breach of the law, conduct which compromises health and safety or conduct which falls below established standards of practice with adults at risk.

Central Support Ltd has clear whistleblowing policies and procedures in place which staff are frequently reminded about and with which they must be familiar. They must also understand how to escalate and report concerns.

#### **5.19 Abuse by Another Adult at Risk**

We recognise that we may also have responsibilities towards the person causing the harm, and certainly will have if they are both in a care setting or have contact because they attend the same place (for example, a day centre). The person causing the harm may themselves be eligible to receive an assessment. In this situation, it is important that the needs of the adult at risk who is the alleged victim are addressed separately from the needs of the person causing the harm.

It will be necessary to reassess the adult allegedly causing the harm.

#### **5.20 Exploitation by Radicalisers who Promote Violence**

Individuals may be susceptible to exploitation into violent extremism by radicalisers. Staff will be expected to follow the Protecting Vulnerable People from Radicalisation Policy and Procedure in place at Central Support Ltd.

#### **5.21 Self-Neglect and Refusal of Care**

Central Support Ltd must ensure that staff understand the importance of delivering care as detailed in the Care Plan. Where a Service User refuses care, this must always be documented. Where refusal occurs repeatedly, it must be escalated by Central Support Ltd as a safeguarding concern and a request for a review of the Service User's care will be instigated.

#### **5.22 Abuse and Sexual Safety**

We recognise that culture, environment and processes support a Service User's sexuality and keep them and staff safe from sexual harm. As such, Central Support Ltd will ensure that sexuality is discussed as part of the Care Planning process and is addressed positively to support people to raise concerns where necessary. The recent CQC publication on sexuality and sexual safety can be referred to for further guidance in this area.

#### **5.23 Self-Funding Service Users**

People who fund their own care arrangements are legally entitled to receive support if subject to abuse or neglect in exactly the same way as those supported or funded by the Local Authority. They are also entitled to the protections of the Deprivation of Liberty Safeguards process.

#### **5.24 Risk Assessment and Management**

Achieving a balance between the right of the individual to control their care package and ensuring that adequate protections are in place to safeguard wellbeing is a very challenging task. The assessment of the risk of abuse, neglect and exploitation of Service Users will be integral in all assessment and planning processes. Assessment of risk is dynamic and ongoing, especially during the adult safeguarding process, and must be reviewed throughout so that adjustments can be made in response to changes in the levels and nature of risk.

### **5.25 Audit and Compliance**

It is essential that the implementation of this policy and associated procedures is audited to ensure that Central Support Ltd is doing all it can to safeguard those people receiving its services. The audit of this policy will be completed through a systematic audit of:

- Recruitment procedures and Disclosure and Barring Checks
- Audit of incident reporting, frequency and severity
- Audit of training processes, including reviews of uptake of training and evaluations

Safeguarding concerns and incidents will be reviewed by the Senior Management Team as part of a root cause analysis with the following terms of reference:

- Review incident themes
- Reports from the lead responsible for Safeguarding within Central Support Ltd
- Look in detail at specific cases to determine learning or organisational learning
- Ensure implementation of the Safeguarding Policy and Procedure

### **5.26 Training and Competencies**

Central Support Ltd will ensure that staff receive training in recognising and responding to incidents, allegations or concerns of abuse or harm as part of their induction programme. Central Support Ltd will ensure that it benchmarks training and competencies within the service with the framework outlined in Adult Safeguarding: Roles and Competencies for

Healthcare Staff which it recognises applies to social care staff also and does not replace any local or contractual requirements but acts as a minimum benchmark.

## **6. Definitions**

### **6.1 Enquiry**

- An enquiry is any action that is taken (or instigated) by a local authority, under Section 42 of the Care Act 2014, in response to indications of abuse or neglect in relation to an adult with care and support needs who is at risk and is unable to protect themselves because of those needs
- An enquiry can also refer to similar action but not undertaken under Section 42. It must establish whether any action needs to be taken to prevent or stop abuse or neglect and if so, by whom

### **6.2 A Person with Care and Support Needs**

- According to the Care Act 2014; an older person, a person with a physical disability, a learning difficulty or a sensory impairment, someone with mental health needs, including dementia or a personality disorder, a person with a long term health condition, someone who misuses substances or alcohol to the extent that it affects their ability to manage day-to-day living

### **6.3 Safeguarding**

- Safeguarding means protecting an adult's right to live in safety, without suffering abuse and or neglect
- It is multi-agency in approach to prevent and stop both the risks and experience of abuse or neglect, whilst supporting the adult's wellbeing including their views, wishes, feelings and beliefs on the action to be taken where possible

### **6.4 Investigation**

- Investigation is a process that focuses on gathering "good evidence" that can be used as a basis for the decision as to whether or not abuse has occurred
- It must be a rigorous process and the evidence must be capable of withstanding close scrutiny, as it may later be required for formal proceedings

### **6.5 Referral**

- Referral is when information regarding a possible safeguarding incident is passed on to another person for their direction. In the case of this policy, from the Provider to the Adult Social Care Team
- Sometimes this may be referred to as 'reporting'

### **6.6 Wellbeing**

The Care Act 2014 defines wellbeing as: 'in relation to an individual, means that individual's wellbeing so far as relating to any of the following':

- Personal dignity (including treatment of the individual with respect)
- Physical and mental health and emotional wellbeing
- Protection from abuse and neglect
- Control by the individual over their day-to-day life (including over care and support provided to the individual and the way in which it is provided)
- Participation in work, education, training or recreation
- Social and economic wellbeing
- Domestic, family and personal relationships
- Suitability of living accommodation
- The individual's contribution to society

### **6.7 Multi-agency**

- More than one agency coming together to work for a common purpose
- This could include partners of the Local authority such as: NHS England CCGs, NHS trusts and NHS foundation trusts, Department for Work and Pensions, the police, prisons, probation services, and/or other agencies such as general practitioners, dentists, pharmacists, NHS hospitals, housing, health and care providers

### **6.8 Caldicott Principles**



- The Caldicott Principles were developed in 1997 following a review of how patient information is protected and only used when it is appropriate to do so
- Since then, when deciding whether they needed to use information that would identify an individual, an organisation must use the Principles as a test
- The Principles were extended to adult social care records in 2000
- The Principles were revised in 2013

#### **6.9 Abuse**

- Abuse includes physical, sexual, emotional, psychological, financial, material, neglect, acts of omission, discriminatory and organisational abuse
- The types and behaviours of abuse are documented in the Care Act Statutory Guidance Chapter 14

#### **6.10 Adults at Risk**

- Adult at risk means adults who need community care services because of mental or other disability, age or illness, and who are, or may be unable to take care of themselves against significant harm or exploitation
- The term replaces 'vulnerable adult'

#### **6.11 Concern**

- A concern may be any worry about an adult who has, or appears to have care and support needs, who is subjected to, or may be at risk of abuse or neglect, and who may be unable to protect themselves from the abuse or neglect or risk of it
- A concern may be raised by anyone and can be:
  - A direct or passive disclosure by the adult at risk
  - A concern raised by staff, volunteers, others using the service, a carer or a member of the public
  - An observation of the behaviour of the adult at risk, of the behaviour of another person(s) towards the adult at risk, or of one Service User towards another
  - Patterns of concerns or risks that emerge through reviews, audits and complaints or regulatory inspections or monitoring visits

#### **6.12 Making Safeguarding Personal**

- Making Safeguarding Personal is about person-centred and outcome-focussed practice
- It is how professionals are assured by adults at risk that they have made a difference to people by taking action on what matters to people and is personal and meaningful to them

#### **6.13 Modern Slavery**

- Modern Slavery encompasses slavery, human trafficking, forced labour and domestic servitude
- Traffickers and slave masters use whatever means they have at their disposal to coerce, deceive and force individuals into a life of abuse, servitude and inhumane treatment

#### **6.14 Significant Harm**

- Significant harm is not only ill treatment (including sexual abuse and forms of ill treatment which are not physical), but also the impairment of, or an avoidable deterioration in, physical or mental health, and the impairment of physical, intellectual, emotional, social or behavioural development

#### **6.15 Enquiry Planning / Strategy Meeting**

- Enquiry Planning / Strategy Meeting or discussion is a multi-agency discussion between relevant organisations involved with the adult at risk to agree how to proceed with the referral
- It can be face to face, by telephone or by email

#### **6.16 Honour-Based Violence**

- The terms 'honour crime', 'honour-based violence', and 'izzat' embrace a variety of crimes of violence (mainly but not exclusively against women), including physical abuse, sexual violence, abduction, forced marriage, imprisonment and murder where the person is being punished by their family or their community
- They are punished for actually, or allegedly, 'undermining' what the family or community believes to be the correct code of behaviour
- In transgressing this, the person shows that they have not been properly controlled to conform by their family and this is to the 'shame' or 'dishonour' of the family
- 'Honour crime' may be considered by the perpetrator(s) as justified to protect or restore the 'honour' of a family

#### **6.17 Hate Crime**

- Hate (Mate) Crime - A disability hate crime is: "Any criminal offence which is perceived by the victim or any other person, to be motivated by a hostility or prejudice based on a person's disability or perceived disability."
- Incidents can include:
  - ☐ Physical attacks such as physical assault, damage to property, offensive graffiti and arson
  - ☐ Threat of attack including offensive letters, abusive or obscene telephone calls, groups hanging around to intimidate and unfounded, malicious complaints
  - ☐ Verbal abuse, insults or harassment - taunting, offensive leaflets and posters, abusive gestures,
  - dumping of rubbish outside homes or through letterboxes and bullying at school or in the workplace

#### **6.18 Forced Marriage**

- The Anti-Social Behaviour, Crime and Policing Act 2014 protects people from being forced to marry without their free and full consent as well as people who have already been forced to do so
- We will ensure that staff are reminded of the one chance rule: i.e. our employees may only have one chance to speak to a potential victim of forced marriage and, therefore, only one chance to save a life
- Forced marriage can involve physical, psychological, emotional, financial and sexual abuse including being held unlawfully captive, assaulted and raped
- Law enforcement agencies will also be able to pursue perpetrators in other countries where a UK national is involved under powers defined in legislation

### **7. Key Facts - Professionals**

Professionals providing this service should be aware of the following:

- Safeguarding is everybody's business. Agencies have a duty to report safeguarding concerns to the Local Safeguarding Adults Team
- Staff of Central Support Ltd will report safeguarding concerns to the Registered Manager
- The Registered Manager will refer safeguarding concerns to the Local Authority Safeguarding Adults Team
- If it is suspected that a crime has taken place, the reporter of the incident must call the police immediately
- Central Support Ltd will be led by the Local Authority Adult Safeguarding Team as to 'next steps' such as enquiries
- If the alleged victim requires immediate removal from harm or medical attention, this will be done immediately
- The Service User to whom the incident has happened, will be consulted and supported to be involved in the safeguarding process and provided with information they understand throughout
- Central Support Ltd is committed to supporting and protecting the wellbeing of Service Users through prevention of harm and reporting and dealing with incidents of abuse through a proper process

### **8. Key Facts - People Affected by the Service**

People affected by this service should be aware of the following:

- Central Support Ltd has a duty to safeguard the people using its service
- Central Support Ltd will provide information and Care Plans to help you understand safeguarding and what to look out for
- If something happens that may be a safeguarding incident which involves you, Central Support Ltd will make sure that you understand your choices and the next steps and that you are included as much as you want and can be
- If you need extra support such as an advocate, one will be provided for you
- Other agencies may be involved in getting to the facts of the incident

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- If it seems a crime has taken place, the police will be called immediately
- When the facts are brought together and a way forward has been decided with your input if possible, you will be talked through the findings
- Central Support Ltd will have reviewed your Care Plan and worked with
- you to support you through the enquiry process and moving on in the
- future

## 9. Further Reading

As well as the information in the 'underpinning knowledge' section of the review sheet we recommend that you add to your understanding in this policy area by considering the following materials:

- Prevent ELearning: <https://www.elearning.prevent.homeoffice.gov.uk/edu/screen1.html>
- Skills for Care - Self Care and Self Neglect: <https://www.skillsforcare.org.uk/Learning-development/ongoinglearning-and-development/self-care/Self-care.aspx>
- CQC - The Adult Social Care Key Lines of Enquiry and Prompts: Sources of evidence: <https://www.cqc.org.uk/sites/default/files/20180530%209001095%20ASC%20assessment%20framework%20with%20sources%20of%20evidence%20v4%2000.pdf>
- Action on Elder abuse - Resources and Forums: <https://www.elderabuse.org.uk/>
- SCIE - Gaining access to an adult suspected to be at risk of neglect or abuse: a guide for social workers and their managers in England which clarifies existing powers relating to access to adults suspected to be at risk of abuse or neglect:  
<http://www.scie.org.uk/care-act-2014/safeguarding-adults/adultsuspected-at-risk-of-neglect-abuse/>
- Adult Safeguarding and Housing materials produced for housing providers Housing and Safeguarding Adults Alliance 2014:  
<https://www.housinglin.org.uk/Topics/type/Adult-safeguarding-andhousing/>
- GOV.UK - How to report a serious incident in your charity:  
<https://www.gov.uk/guidance/how-to-report-a-serious-incident-in-yourcharity>

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### **Safeguarding Incident Log**

<b>Service User Name:</b>	
<b>Name of person investigating incident/completing this form:</b>	
<b>Name of person reporting incident (if not Service User):</b>	
<b>Service User location:</b>	
<b>Time and date of incident:</b>	

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<b>Precise location of incident:</b>	
<b>Details of incident (include description of incident, as well as the names of any individuals who may have been involved. Remember to take care not to lead theService User):</b>	

*Use additional sheets if necessary*

<b>Name of witness(es):</b>
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<b>Details of any injuries/was medical attention required?</b>
<b>What decision has been reached as a result of investigating the incident?</b>

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<p><b>Name and designation of witness/advocate/support for Service User during discussion/report taking:</b></p>
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*Use additional sheets if necessary*

<b>What immediate action was taken?</b>

<b>What lessons have been learned from this incident and investigation?</b>

<b>Were any outside agencies contacted? If so, who?</b>
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*Use additional sheets if necessary*

<b>Registered Manager recommendations, including Care Plan changes:</b>

<b>What actions will be taken to prevent further incidents?</b>
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<b>Signature:</b>	
<b>Print Name:</b>	
<b>Title:</b>	
<b>Date:</b>	
<b>Reported to Management Meeting by:</b>	
<b>Date:</b>	

*One copy of this form to be held in the Service User's personal file, one copy in the Safeguarding Incident file.*

*Use additional sheets if necessary*

## **Leaflet: Safeguarding Adults Statement**

Safeguarding is described as 'protecting an adult's right to live in safety, free from abuse and neglect.' Adult Safeguarding is about preventing and responding to concerns of abuse, harm or neglect of adults. Individuals who are vulnerable may be unable to take care of themselves or protect themselves against significant harm or exploitation. This means that they may be at risk of abuse or neglect due to the actions (or lack of action) of another person. In these cases, it is vital that Central Support Ltd works together to identify people at risk and put steps in place to help prevent abuse or neglect.

Safeguarding Adults is a priority for Central Support Ltd. The activities carried out by Central Support Ltd mean that there are a range of staff and people working on our behalf who may come into contact with people who are at risk of harm.

### **What Action Must you Take if you have Concerns?**

Central Support Ltd follows safeguarding procedures and its own policy and procedure details the responsibilities and action required by all staff. If you have any concerns that someone is at risk of harm or abuse, is being harmed or abused, you **must** take action.

- Ensure your own safety – leave the situation if you are at risk of harm
- Where there is clear evidence of harm or an imminent danger, call the emergency services immediately
- Treat all allegations of abuse seriously
- Report concerns to your line manager as soon as possible

### **Who do you Report your Concerns to?**

At Central Support Ltd the person responsible for safeguarding is: Reashma Begum. They can be contacted on 07778701180 or [info@centralsupportuk.com](mailto:info@centralsupportuk.com)

### **Raising a Concern to the CQC**

You can also contact the CQC if you feel that you cannot use the Whistleblowing Policy and Procedure at Central Support Ltd. The CQC can be contacted by using the following methods:

**Phone:** 03000 616161

**Email:** [Enquiries@cqc.org.uk](mailto:Enquiries@cqc.org.uk)

**Post:** CQC National Correspondence, Citygate, Gallowgate, Newcastle upon Tyne, NE1 4PA

### **Raising a Concern to the Local Safeguarding Authority**

You can also raise concerns with the Local Safeguarding Authority on the following;

**Phone:** 020 3373 0440

**Email:** [ASCsafeguardingconcerns@newham.gov.uk](mailto:ASCsafeguardingconcerns@newham.gov.uk)